

NEW PARK CENTRE ACTIVITIES - Please contact groups directly - Last updated: 13/04/2022

Categories/Group Name	Room	Day	Time	Contact Name	Telephone	Website/Email
SPORTS / MARTIAL ARTS						
Aikido Circle Black Belt Academy	New Dojo	Tues Thurs	19:00 - 20:00 19:45 - 21:15	Jake West	07900 861858	jake_legend_west@hotmail.com www.aikidocirclebba.com
Body Confident Bootcamp	Jubilee Hall	Fri	06:00 - 07:00	Shona Paffey	07826 854352	shonapaffey@gmail.com
Chichester Aikido Club	New Dojo	Sat	08:00 - 09:00	Scott Luckham	07847 443056	scottluckham@gmail.com
Chichester Karate Club	New Dojo	Wed	19:00 - 22:00	Alan Prior	01243 672589	alanprior@gmail.com www.chichester-karate.co.uk
Chichester Ronin Judo Club	New Dojo	Fri	19:30 - 21:00	Ilona Guy	07496 100499	ilona.guy@outlook.com www.chichesterjudoclub.co.uk
Golden Flower Tai Chi Club	Jubilee Hall	Tues Tues	10:00 - 12:15 19:30 - 20:30	Heike Brewster	01243 778531	heikebrewster@outlook.com www.goldenflowertaiichischool.org.uk
Goryukai Aikido Yoshinkan	New Dojo	Tues	20:15 - 22:15	Malcolm Crawford	07759 311008	goryukai.aikido@virgin.net www.yoshinkan-sussex.co.uk
Shojiki	New Dojo	Mon	18:30 - 20:45	Mark Payne	07931 676638	markpayne753@gmail.com
CHILDREN						
Chichester Aikido Club (5- 17)	New Dojo	Sat	09:15 - 10:15	Scott Luckham	07847 443056	bscott@yahoo.co.uk
Chichester Junior Karate	New Dojo	Wed	19:00 - 20:00	Alan Prior	01243 672589	alanprior@gmail.com www.chichester-karate.co.uk
Chichester Ronin Juniors Judo Club	New Dojo	Fri	18:15 - 19:15	Ilona Guy	07496 100499	ilona.guy@outlook.com www.chichesterjudoclub.co.uk
Jiggy Wridders	Old Dojo	Tues	09:45 - 12:15	Lorna Penticost	07791 343339	chichester@jiggywridders.com
Kickstar Sports	Old Dojo	Sat	11:00 - 13:00	Luke Boyes	07918 553202	lukeboyes16@gmail.com
Little Tots Ballet	Jubilee Hall	Mon	13:30 14:30	Sarah Hellyer	07808 290435	sarahhellyer1@yahoo.co.uk
DANCE						
Adult Ballet & Flamenco	Jubilee Hall	Thurs X 2 per month	14:45 - 19:00	Helena Bengé	07963 959262	helenadot@aol.com
Chichester Lindy Hop	Jubilee Hall	Wed 1st / 2nd / 3rd	18:45 - 21:45	Ellie Garwood & Mark Whale	07793 555430 07917 198220	chichesterLH@gmail.com www.chichesterlindyhoppers.co.uk
Circle Dancing	Jubilee Hall	Wed	10:00 - 13:00	Claire Wilton	01243 788833 07952 054239	wiltonclaire@yahoo.co.uk www.circledancegrapevine.co.uk
Figure 23 Contemporary Dance	Jubilee Hall	Sat	12:00 - 13:00	Saff Simpson	07834 855464	figure23dance@gmail.com www.figure23dance.co.uk
Sarah Moore Dance	Old Dojo Jubilee Hall	Wed Fri	14:00 - 15:30 10:00 - 12:00	Sarah Moore	07708 792928	sarah@sarahmooredance.co.uk
We Are Youth Dance	Old Dojo	Tues	18:00 - 21:00	Emily Duffell	07872 576226	emily_duffell@yahoo.com

NEW PARK CENTRE ACTIVITIES - Please contact groups directly - Last updated: 13/04/2022

INTERESTS AND HOBBIES						
Art History	Auditorium	Wed	10:00 - 12:00	Bernard Allen	01730 813374	bernard.allan@tiscali.co.uk
Chichester Archaeology Society	Auditorium	4th Wed. each month	19:30 - 22:00	CDAS Chairman	01243 373587	chairman@cdas.info www.cdas.info
Chichester Cinema At New Park	Auditorium	3/4 Films Daily	12:00 - 23:00	Box Office	01243 786650	info@chichestercinema.org
Chichester Music Circle	Auditorium	Tues	10:00 - 12:15	Angela Zanders	07582 537123 023 9259 8541	a.zanders@hotmail.co.uk
Chichester YAC (Young Archaeologists Club)	Old Dojo	Occasional	14:00 - 16:00	Steve Cleverly	07402 925222	s.cleverly@icloud.com
Historical Association, Chichester Branch	Old Dojo	3rd Thurs each month	19:00 - 21:00	Alexander Bristow	01903 505554	ajbristow@sky.com
Local History	Auditorium	2nd Wed each month	19:00 - 21:00	Andrew Berriman	01243 528845	Andrew.berriman@gmail.com
Open Mic Poetry	Jubilee Hall	4th Wed. most months	19:30 - 21:00	Barry Smith	07813 244731	chipoetry@yahoo.co.uk www.chichesterpoetry.simplesite.com
WEA Arts & Interests Courses	Various	Various	Various		0300 303 3464	chichester.branch@wea.ac.uk
WELLBEING						
AHS Falls Prevention	Jubilee Hall	Thurs	13:15 - 14:15	Debbie Beesley Sue Lovelock	07415 020962	debbie@ahswellbeing.co.uk sue@ahswellbeing.co.uk
Chair Yoga	Jubilee Hall	Thurs	11:00 - 12:00	John Maynard	07437 554199	johnianmaynard@yahoo.com
Chichester Pilates	New Dojo Jubilee Hall	Tues Thurs	09:30 - 12:00 09:30 - 10:30	Andrea Geall	07747 806181	andrea@chichesterpilates.com
Chi Kung Exercise Classes	New Dojo	Fri	09:30 - 10:30	Lizzie Douglas	07949 885582	lizzie.slowe@gmail.com
Comunidade Evangelica	Auditorium	Sun		Cristiani Ferrarezi	07803 414068	
Focus on Fitness	New Dojo	Mon Tues Thurs	09:45 - 10:30 18:00 - 18:45 14:15 - 15:00	Gill Avery	01243 555430	g.avery@talktalk.net
Jessica Hill Pilates	Jubilee Hall New Dojo	Mon Wed	09:30 - 10:45 17:30 - 18:30	Jessica Hill	07532 057 403	jessica@sport-therapy.co.uk
Kadampa Meditation	Jubilee Hall	Fri	18:15 - 19:45	Alyson Evans	023 8048 2696	ad.kmcsouthampton@gmail.com
Music For Wellbeing	Studio	Wed	10:15 - 12:15	Anna Macken	07968 979873	annamackenmusictherapy@gmail.com
Pilates - Gently Fit	New Dojo	Tues	13:15 - 14:15	Joanna Bryson	01243 267020 07966 195737	gentlyfit@sky.com www.gentlyfit.com
Slimming World	Jubilee Hall	Sat	07:30 - 11:00	Dianne Embleton	07749 755109	djembleton@gmail.com
Staying Active (Over 50's)	New Dojo	Tues	12:15 - 13:00	Kevin Maskell	07980 000663	kmaskell41@gmail.com
WELL with Samantha (yoga)	Old Dojo	Thurs	19:00 - 20:00	Samantha Hale	07308 604831	samanthaerinhale@icloud.com
Women's Only Boxing	Jubilee Hall	Thurs	18:45 - 19:45	Gemma Ridley	07940 367856	ridleygem@hotmail.com

NEW PARK CENTRE ACTIVITIES - Please contact groups directly - Last updated: 13/04/2022

DROP IN and ADVICE SERVICES AT NEW PARK CENTRE

GAMBLERS ANONYMOUS - Weekly on Wednesday's in the Studio between 19.30 - 21.30. Contact - 0330 094 0322 / gachichester@gmail.com

Group help, support and advice for individuals and their family/friends with a gambling problem.

My Network Drop-In Mondays and Wednesdays (09:00 - 14:00) in the Dressing Room.

Drop in, support, advice and activities for people with a learning disability. **Contact - Sally 07795 642271 / sallyr@aldingbourne.org**

RELATE - Friday / Saturday by appointment. Contact - 01293 657060

Relationship counselling for individuals, couples, family counselling, counselling for children/young people and sex therapy.

RICHMOND FELLOWSHIP - OUTREACH: By appointment only. Contact - 01243 780420 / info.chichester@richmondfellowship.org.uk

Community support for people with mental ill health to help recovery, address practical needs and achieve personal goals.

All our rooms and halls are available to hire for activities, training, community events and special occasions

T: 01243 536840 / Email: operations@newparkcentre.org.uk