

NEW PARK CENTRE ACTIVITIES - Please contact groups directly - Last updated: 16/02/2026

Categories/Group Name	Room	Day	Time	Contact Name	Telephone	Website/Email
SPORTS / MARTIAL ARTS						
Aikido Circle Black Belt Academy	New Dojo	1st Tues monthly Thurs	19:00 - 20:00 19:45 - 21:15	Jake West	07900 861858	jake_legend_west@hotmail.com www.aikidocirclebba.com
Chichester Aikido Club	New Dojo	Sat Sun - every other	08:00 - 09:00 09:00 - 11:00	Scott Luckham	07847 443056	scottluckham@gmail.com
Chichester Karate Club	New Dojo	Wed	20:00 - 21:30	Alan Prior	01243 672589	alanrprior@gmail.com www.chichester-karate.co.uk
Chichester Ronin Judo Club	New Dojo	Fri Mon	19:30 - 21:00 19:30 - 20:45	Ilona Guy	07496 100499	ilona.guy@outlook.com www.chichesterjudoclub.co.uk
Golden Flower Tai Chi Club	Jubilee Hall	Tues	10:00 - 12:15 19:30 - 20:30	Heike Brewster	07763 474397	heikebrewster@outlook.com www.goldenflowertaichischool.org.uk
Goryukai Aikido Yoshinkan	New Dojo	Tues	20:15 - 22:15	Malcolm Crawford	07759 311008	aikido.goryukai@gmail.com www.goryukai-aikido.blogspot.com
One Jiu Jitsu	New Dojo	Fri	07:00 - 09:00	Tim Clemens		teamclemensfamily@gmail.com
CHILDREN						
Arabesque School of Performing Arts - Dance Cirque	New Dojo Old Dojo	Mon Fri	16:00-19:00 16:00 - 19:00	Cynthia Ryder	07825 239391	cynthia@arabesqueschool.co.uk
Chichester Aikido Club (5- 17)	New Dojo	Sat	09:15 - 10:15	Scott Luckham	07847 443056	bscott@yaho.co.uk
Chichester Junior Karate	New Dojo	Wed	18:45 - 19:45	Alan Prior	01243 672589	alanrprior@gmail.com www.chichester-karate.co.uk
Chichester Ronin Juniors Judo Club	New Dojo	Fri	18:15 - 19:15	Ilona Guy Karen French	07496 100499	ilona.guy@outlook.com judokafrench@gmail.com www.chichesterjudoclub.co.uk
Childrens Flamenco	Jubilee Hall	Thurs x 2 per month	16:45 - 17:30	Helena Bengé	07963 959262	helenadot@aol.com
Little Kickers	Old Dojo	Wed Sat	09:00 - 11:00 09:00 - 12:00	Admin	07554 901903	ltuffs@littlekickers.co.uk
Little Sound Company	Old Dojo	Fri	10:30 - 11:15	Paul		thelittlesoundco@gmail.com
INTERESTS AND HOBBIES						
Art History	Auditorium	Wed - email for info	10:00 - 12:00	Bernard Allen	01730 813374	bernard.allan@tiscali.co.uk
Art History	Auditorium	Mon - email for info	09:45 - 12:00	Michaela Cranmer	07867 360707	michaela.cranmer@btinternet.com
Chichester Archaeology Society	Auditorium	4th Wed. each month	19:00 - 21:00	CDAS Chairman	07891 325 711	chairman@cdas.info www.cdas.info
Chichester Cinema At New Park	Auditorium	3/4 Films Daily	12:00 - 23:00	Box Office	01243 786650	info@chichestercinema.org
Chichester Music Circle	Auditorium	Tues - email for info	10:00 - 12:15	Angela Zanders	07582 537123 023 9259 8541	a.zanders@hotmail.co.uk
Chichester Musical Theatre Choir	Jubilee Hall	Mon	19:30 - 21:00	Laura Redmond		Sing@musicaltheatrechoir.org
Chichester YAC (Young Archaeologists Club)	Old Dojo	Occasional	14:00 - 16:00	Steve Cleverly	07402 925222	s.cleverly@icloud.com
Italian (beginners & intermediary)	Dressing Room	Tues - intermediary	09:45 - 11:00	Giovanna Lanning	07880 746479	giovannalanning@casa.me.uk
Local History	Auditorium	2nd Wed each month	19:00 - 21:00	Bernard Adkins		bernard.adkins@btopenworld.com
Open Mic Poetry	Jubilee Hall	Wed - email for info	19:30 - 21:00	Barry Smith	07813 244731	chipoetry@yahoo.co.uk www.chichesterpoetry.simplesite.com
U3A Play Reading	Studio	3rd Tues each month (starting back in Sept)	14:45 - 17:15	Contact U3A for more info		

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DROP IN and ADVICE SERVICES AT NEW PARK CENTRE	
Aldingbourne Trust - My Network Drop In - Wednesday & Friday in Dressing Room.	Support and advice for people with a learning disability. Contact Sally 07795 642271 / sallvr@aldingbourne.org
Aldingbourne Trust - Work Aid Drop In	Support and advice for people with a learning disability. Contact - Susanna 01243 546035 / SusannaC@aldingbourne.org
BEREAVEMENT CARE - Bereavement Wellbeing Group	Third Tuesday every month 12:00 - 14:00 in the Dressing Room For more info info@bereavementcare.uk or 07395 790372
COMPASSIONATE CHANGE COUNSELLING	- Humanistic Counsellor, Psychotherapist, Trainer and Life coach in the Chichester and Hove / practicing in short and long term therapy for individuals / face-to-face, online and telephone counselling offered. Please contact Joyce Mathias 07979 590022 / https://www.compassionatechangecounselling.co.uk
EPILEPSY ACTION CHICHESTER SUPPORT GROUP	- Every first Tuesday of the month, in the Studio 19.30 - 21.00 Contact John on 01243 775226 / Jfmcevoy@yahoo.com Epilepsy Action is a charity that improves the lives of everyone affected by epilepsy. We give advice, improve healthcare, fund research and campaign for change
FAMILY MEDIATION SOUTH EAST	- Mary Field. By appointment only, contact Mary on 01273 694661 , or Mary.Field@FMSE.co.uk
GAMBLERS ANONYMOUS	- Weekly on Wednesday's in the Studio between 19.30 - 21.30. Contact - 0330 094 0322 / gachichester@gmail.com Group help, support and advice for individuals and their family/friends with a gambling problem.
RELATIONSHIP SUSSEX	- Wednesday/Thursday/Friday by appointment. Contact - 01293 657060 Relationship counselling for individuals, couples, family, children and young people incl sex therapy.
ANDREA ENGLISH - by appt.	Speciality is Adult Individual Counselling and Psychotherapy. Contact Info@andreaenglish.co.uk www.andreaenglish.co.uk / 07881 900 233
Jonathan Lacey Counselling - by appt.	email jonathan.counsellor@gmail.com
WSSC Stop Smoking Clinic	- Wednesday 16:00 in Dressing Room For info, contact George on 07889 133136 george.summers@westsussex.gov.uk
WEST SUSSEX EDUCATION - ESOL (English for Speakers of Other Languages):	For information contact Clare.Elms@westsussex.gov.uk
All our rooms and halls are available to hire for activities, training, community events and special occasions T: 01243 536840 / Email: operations@newparkcentre.org.uk	
Why not become a volunteer at New Park Centre - we have a range of opportunities to help us continue to offer what we do! Café Bar - Gardening - Marketing - Fundraising - Events - Buildings Management We would love to hear from you - Tel: 01243 536840 / Email: managers@newparkcentre.org.uk	