

**NEW PARK CENTRE ACTIVITIES - Please contact groups directly - Last updated: 29/11/2021**

Categories/Group Name	Room	Day	Contact Name	Telephone	Website/Email
<b>SPORTS / MARTIAL ARTS - for days and times, please contact instructor.</b>					
Chichester Ronin Judo Club	New Dojo	Friday	Ilona Guy	07496 100499	<a href="mailto:ilona.guy@outlook.com">ilona.guy@outlook.com</a>
Chichester Karate Club	New Dojo	Wednesday	Alan Prior	01243 672589	<a href="http://www.chichester-karate.co.uk">www.chichester-karate.co.uk</a> <a href="mailto:alanrprior@gmail.com">alanrprior@gmail.com</a>
Aikido Circle Black Belt Academy	New Dojo	Tuesday Thursday	Jake West	07900 861858	<a href="mailto:jake_legend_west@hotmail.com">jake_legend_west@hotmail.com</a> <a href="http://www.aikidocirclebba.com">www.aikidocirclebba.com</a>
Golden Flower Tai Chi Club	Jubilee Hall	Tuesday	Heike Brewster	01243 778531	<a href="mailto:heikebrewster@outlook.com">heikebrewster@outlook.com</a> <a href="http://www.goldenflowertaiichischool.org.uk">www.goldenflowertaiichischool.org.uk</a>
Chichester Aikido Club	New Dojo	Saturday	Scott Luckham	07847 443056	<a href="mailto:scottluckham@gmail.com">scottluckham@gmail.com</a>
Shojiki	New Dojo	Monday	Mark Payne	07931 676638	<a href="mailto:markpayne753@gmail.com">markpayne753@gmail.com</a>
Body Confident Bootcamp	Jubilee Hall	Mon / Wed / Fri	Steff Woodman / Shona Bradley	07590 021705 07826 854352	<a href="mailto:bcbchichester@hotmail.com">bcbchichester@hotmail.com</a>
Goryukai Aikido Yoshinkan	New Dojo	Tuesday	Malcolm Crawford	07759 311008	<a href="mailto:goryukai.aikido@virgin.net">goryukai.aikido@virgin.net</a>
<b>CHILDREN - for days and times, please contact instructor.</b>					
Chichester Junior Karate	New Dojo	Wednesday	Alan Prior	01243 672589	<a href="http://www.chichester-karate.co.uk">www.chichester-karate.co.uk</a> <a href="mailto:alanrprior@gmail.com">alanrprior@gmail.com</a>
Chichester Aikido Club (5- 17)	New Dojo	Saturday	Scott Luckham	07847 443056	<a href="mailto:bscott@yahoo.co.uk">bscott@yahoo.co.uk</a>
Little Tots Ballet	Jubilee Hall	Monday	Sarah Hellyer	07808 290435	<a href="mailto:sarahhellyer1@yahoo.co.uk">sarahhellyer1@yahoo.co.uk</a>
Jiggy Wrigglers	Old Dojo	Tuesday	Lorna Penticost	07791 343339	<a href="http://chichester@jiggywrigglers.com">chichester@jiggywrigglers.com</a>
Kickstar Sports	Old Dojo	Saturday	Luke Boyes	07918 553202	<a href="mailto:lukeboyes16@gmail.com">lukeboyes16@gmail.com</a>
Chichester Ronin Juniors Judo Club	New Dojo	Friday	Ilona Guy	07496 100499	<a href="mailto:ilona.guy@outlook.com">ilona.guy@outlook.com</a>
<b>DANCE AND MUSIC - for days and times, please contact instructor.</b>					
Circle Dancing	Jubilee Hall	Wednesday	Claire Wilton	01243 788833 07952 054239	<a href="mailto:wiltonclaire@yahoo.co.uk">wiltonclaire@yahoo.co.uk</a> <a href="http://www.circledancegrapevine.co.uk">www.circledancegrapevine.co.uk</a>
Figure 23 Contemporary Dance	Jubilee Hall	Saturday	Saff Simpson	07834 855464	<a href="mailto:figure23dance@gmail.com">figure23dance@gmail.com</a> <a href="http://www.figure23dance.co.uk">www.figure23dance.co.uk</a>
Chichester Music Circle	Auditorium	Tuesday	Angela Zanders	07582 537123 023 9259 8541	<a href="mailto:a.zanders@hotmail.co.uk">a.zanders@hotmail.co.uk</a>
Adult Contemporary Dance	Old Dojo Jubilee Hall	Wednesday & Friday	Sarah Moore	07708 792928	<a href="http://sarah@sarahmooredance.co.uk">sarah@sarahmooredance.co.uk</a>
Adult Ballet & Flamenco	Jubilee Hall	Alternate Thursday	Helena Benge	07963 959262	<a href="mailto:helenadot@aol.com">helenadot@aol.com</a>
Cuban Salsa	Jubilee Hall	Thursday	Andrea FitzPatrick	07930 459368	<a href="mailto:salsacubana567@gmail.com">salsacubana567@gmail.com</a>
Chichester Lindy Hop	Jubilee Hall	Wednesday;- -1st / 2nd / 3rd	Ellie Garwood & Mark Whale	07793 555430 07917 198220	<a href="mailto:chichesterLH@gmail.com">chichesterLH@gmail.com</a> <a href="http://www.chichesterlindyhoppers.co.uk">www.chichesterlindyhoppers.co.uk</a>
<b>INTERESTS AND HOBBIES - for days and times, please contact instructor.</b>					

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Local History	Auditorium	2nd Wed each month	Andrew Berriman	01243 528845	<a href="mailto:Andrew.berriman@gmail.com">Andrew.berriman@gmail.com</a>
WEA Art Appreciation	Auditorium	Monday (Autumn only)	Michaela Cranmer	01243 958826	<a href="mailto:chichester.branch@wea.ac.uk">chichester.branch@wea.ac.uk</a>
Historical Association, Chichester Branch	Old Dojo	3rd Thu each month	Alexander Bristow	01903 505554	<a href="mailto:ajbristow@sky.com">ajbristow@sky.com</a>
Art History	Auditorium	Wednesday	Bernard Allen	01730 813374	<a href="mailto:bernard.allan@tiscali.co.uk">bernard.allan@tiscali.co.uk</a>
Chichester Archaeology Society	Auditorium	4th Wed. each month	CDAS Chairman	01243 373587	<a href="mailto:chairman@cdas.info">chairman@cdas.info</a> <a href="http://www.cdas.info">www.cdas.info</a>
WEA Find Your Painting Style	Old Dojo	Friday	Frank Ferrie	07500 540533	<a href="mailto:chichester.branch@wea.ac.uk">chichester.branch@wea.ac.uk</a>
Open Mic Poetry	Jubilee Hall	3rd Wed. most months	Barry Smith	07813 244731	<a href="mailto:chipoetry@yahoo.co.uk">chipoetry@yahoo.co.uk</a>
Chichester Cinema At New Park	Auditorium	4 Films Daily	Richard Walberton	01243 786650	<a href="mailto:info@chichestercinema.org">info@chichestercinema.org</a>
<b>WELLBEING - for days and times, please contact instructor.</b>					
Chi Kung Exercise Classes	New Dojo	Friday	Lizzie Douglas	07949 885582	<a href="mailto:lizzie.slowe@gmail.com">lizzie.slowe@gmail.com</a>
Slimming World	Jubilee Hall	Saturday	Dianne Embleton	07749 755109	<a href="mailto:djembleton@gmail.com">djembleton@gmail.com</a>
Jessica Hill Pilates	New Dojo	Monday & Wednesday	Jessica Hill	07532 057 403	<a href="mailto:info@jessicapilates.co.uk">info@jessicapilates.co.uk</a>
Focus on Fitness	New Dojo	Mon / Tue / Thu	Gill Avery	01243 555430	<a href="mailto:g.avery@talktalk.net">g.avery@talktalk.net</a>
AHS Falls Prevention	Old Dojo	Thursday	Debbie Beesley/Sue Lovelock	07415 020962	<a href="mailto:debbie@ahswellbeing.co.uk">debbie@ahswellbeing.co.uk</a> <a href="mailto:sue@ahswellbeing.co.uk">sue@ahswellbeing.co.uk</a>
Music For Wellbeing	Studio	Wednesday	Anna Macken	07968 979873	<a href="mailto:annamackenmusictherapy@gmail.com">annamackenmusictherapy@gmail.com</a>
Lucy's Yoga	New Dojo	Wednesday	Lucy Younger	07799 090817	<a href="mailto:luyounger@talktalk.net">luyounger@talktalk.net</a>
Staying Active (Over 50's)	New Dojo	Tuesday	Kevin Maskell	07980 000663	<a href="mailto:kmaskell41@gmail.com">kmaskell41@gmail.com</a>
Kadampa Meditation	Jubilee Hall	Friday	Alyson Evans	023 8048 2696	<a href="mailto:ad.kmcsouthampton@gmail.com">ad.kmcsouthampton@gmail.com</a>
Pilates - Gently Fit	New Dojo	Tuesday	Joanna Bryson	01243 267020 07966 195737	<a href="mailto:gentlyfit@sky.com">gentlyfit@sky.com</a> <a href="http://www.gentlyfit.com">http://www.gentlyfit.com</a>
Chair Yoga	Jubilee Hall	Thursday	John Maynard	07437 554199	<a href="mailto:johnianmaynard@yahoo.com">johnianmaynard@yahoo.com</a>
Women's Only Boxing	New Dojo	Thursday	Gemma Ridley	07940 367856	<a href="mailto:ridleygem@hotmail.com">ridleygem@hotmail.com</a>
Chichester Pilates	New Dojo	Tuesday & Thursday	Andrea Geall	07747 806181	<a href="mailto:andrea@chichesterpilates.com">andrea@chichesterpilates.com</a>
<b>DROP IN and ADVICE SERVICES</b>					
<b>RICHMOND FELLOWSHIP - OUTREACH: By appointment only. CONTACT - 01243 780420 / <a href="mailto:info.chichester@richmondfellowship.org.uk">info.chichester@richmondfellowship.org.uk</a></b>					
Community support for people with mental ill health to help recovery, address practical needs and achieve personal goals.					
<b>RELATE - Tuesdays / Friday / Saturdays by appointment. CONTACT - 01293 657060</b>					
Relationship counselling for individuals, couples, family counselling, counselling for children/young people and sex therapy.					
<b>MY NETWORK / ALDINGBOURNE TRUST - Mondays (9am - 2pm) and Wednesdays (9am - 2pm) in the Dressing Room.</b>					
Drop in, support, advice and activities for people with a learning disability. <b>Contact - Sally 07795 642271 / <a href="mailto:sallyr@aldingbourne.org">sallyr@aldingbourne.org</a></b>					
<b>GAMBLERS ANONYMOUS - Weekly on Wednesday's in the Studio between 7.30 - 9.30 pm.</b>					
Group help, support and advice for individuals and their family/friends with a gambling problem.					
<b>All our rooms and halls are available to hire for activities, training, community events and special occasions</b>					
<b>T: 01243 536840 / E: <a href="mailto:operations@newparkcentre.org.uk">operations@newparkcentre.org.uk</a></b>					